

ONAM

ACTIVITY BOOK

LEARN • PLAY • CELEBRATE

Happy Onam!



Name

:



Class

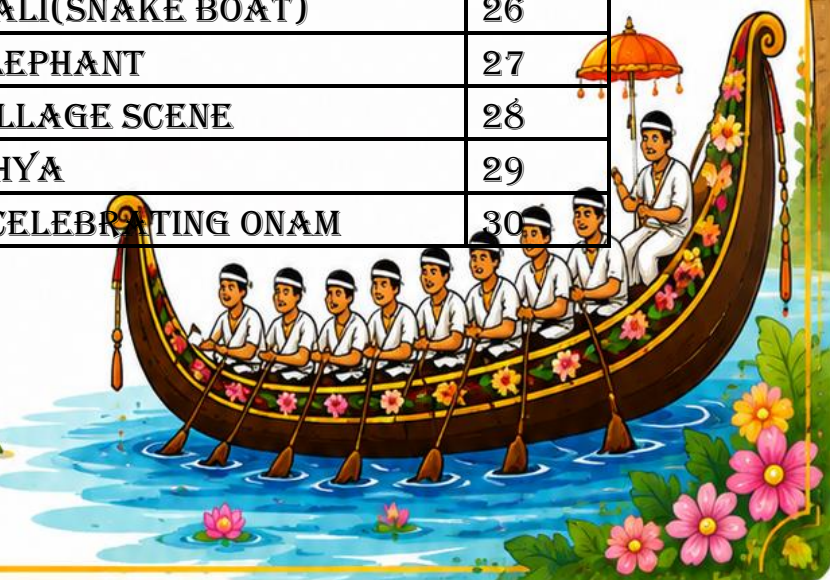
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Date

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Onam Vocabulary for Kids

1. **Onam** - A famous festival celebrated in Kerala.
2. **Mahabali** - The kind and generous king connected with the Onam story.
3. **Pookalam** - A beautiful flower arrangement made for Onam.
4. **Sadhya** - A traditional vegetarian feast served during Onam.
5. **Banana Leaf** - The traditional leaf used to serve Sadhya.
6. **Vallam Kali** - A traditional snake boat race in Kerala.
7. **Kathakali** - A colorful traditional dance-drama from Kerala.
8. **Kasavu** - Traditional Kerala clothing, often worn during Onam.
9. **Vamana** - The form of Lord Vishnu in the story of Mahabali.
10. **Thiruvonam** - The most important day of the Onam celebrations.
11. **Festival** - A special time of celebration.
12. **Tradition** - A custom passed from one generation to another.
13. **Celebrate** - To enjoy and observe a special occasion.
14. **Generosity** - The quality of giving and helping others.
15. **Togetherness** - Being happy and united with family and friends.

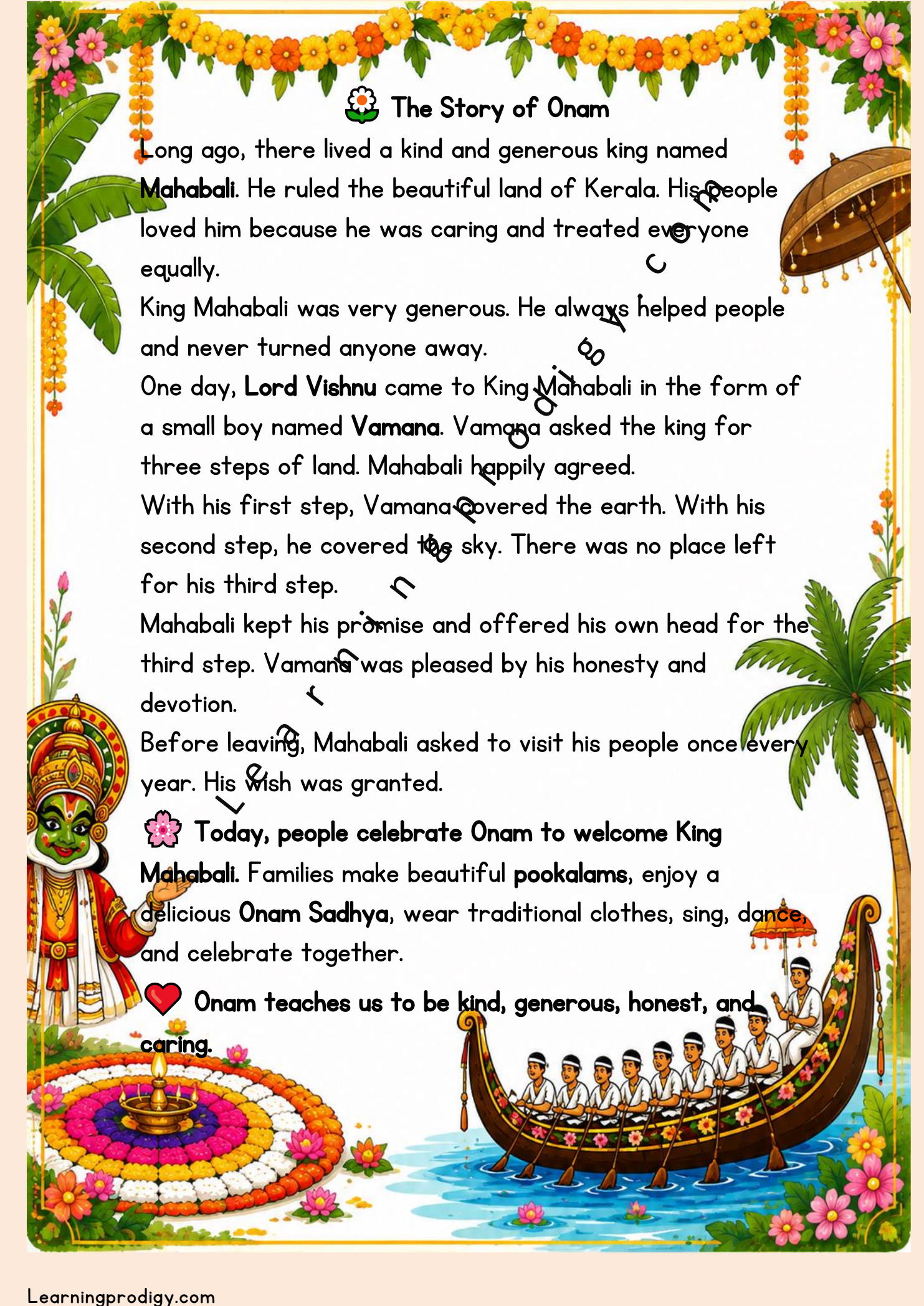




Onam Fun Facts

1. 🌸 Onam is a famous festival of Kerala and is celebrated with great joy by people around the world. ○
2. 🏰 King Mahabali is the central character of the traditional Onam story. People believe he visits his kingdom during Onam.
3. 🌺 Pookalam is a beautiful flower arrangement made on the floor to welcome King Mahabali.
4. 🍌 Onam Sadhya is a grand vegetarian feast traditionally served on a banana leaf.
5. 🛶 Vallam Kali, or the traditional snake boat race, is one of Kerala's exciting Onam celebrations.
6. 🎭 Kathakali and other traditional performances add colour and excitement to the festivities.
7. 👗 People often wear traditional Kerala clothes, such as the Kasavu saree and mundu, during Onam.
8. 🏮 Nilavilakku, the traditional brass lamp, is often used to add a festive touch to celebrations.
9. 🎉 Onam is celebrated over several days, with Thiruvonam being the most important day.
10. ❤️ At its heart, Onam celebrates togetherness, happiness, generosity, and the spirit of sharing.





The Story of Onam

Long ago, there lived a kind and generous king named **Mahabali**. He ruled the beautiful land of Kerala. His people loved him because he was caring and treated everyone equally.

King Mahabali was very generous. He always helped people and never turned anyone away.

One day, **Lord Vishnu** came to King Mahabali in the form of a small boy named **Vamana**. Vamana asked the king for three steps of land. Mahabali happily agreed.

With his first step, Vamana covered the earth. With his second step, he covered the sky. There was no place left for his third step.

Mahabali kept his promise and offered his own head for the third step. Vamana was pleased by his honesty and devotion.

Before leaving, Mahabali asked to visit his people once every year. His wish was granted.

 Today, people celebrate Onam to welcome King Mahabali. Families make beautiful **pookalams**, enjoy a delicious **Onam Sadhya**, wear traditional clothes, sing, dance, and celebrate together.

 Onam teaches us to be kind, generous, honest, and caring.





ONAM

MATCHING THE PICTURES



Look at the pictures on the left. Match them with the correct names on the right.



1



2



3



4



5



6



7



8



9



10



a

Onam Sadhya



b

Pookalam



c

Keralam (Mundu)



d

Pulikali



e

Snake Boat Race



f

Chenda



g

Mahabali



h

Konna Flowers



i

Traditional Umbrella



j

Nilavilakku





ONAM

MISSING LETTERS

Look at the pictures and fill in the missing letters to complete the words.



1



P _ _ KALAM

2



NAL _ KETTU

3



SAD _ YA

4



VALLAM _ ACE

5



NILAVILAKK _

6



U _ BRELLA

7



MAHABA _ I

8



KONNA FLOW _ RS

9



CH _ NDA

10



ONAM _ CELEBRATION

11



PULIKKA _ I

12



COCON _ T

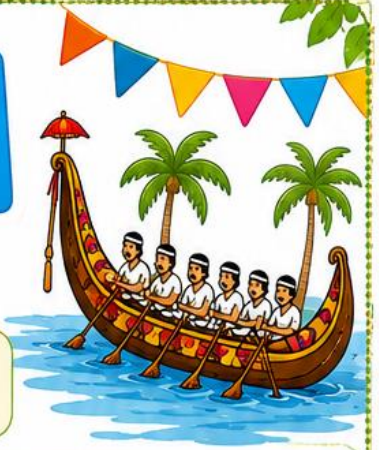




ONAM

JUMBLE WORDS

Unscramble the letters and write the correct Onam words next to the pictures.



1



KOALPMO

2



TXUTEKT

3



DHSAYA

4



LMLAVA

5



VIIALNLKU

6



UBMLELRA

7



HABALMAI

8



NKONA NFELORSW

9



DNACEH

10



OANM
CERNLEOBTIA

11



KPIULA

12



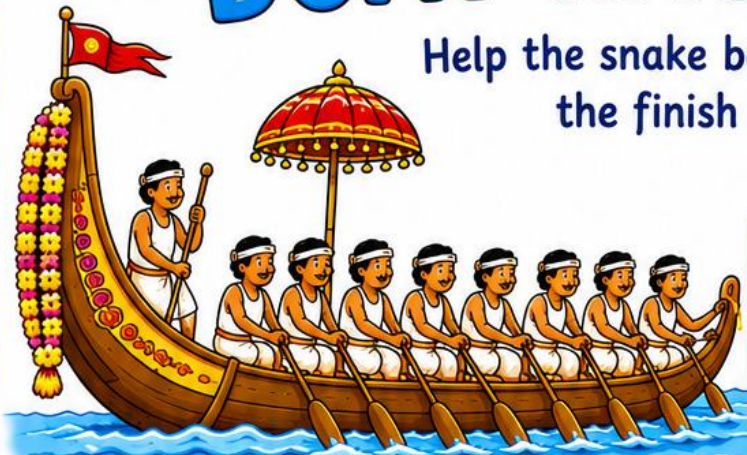
CTONOU



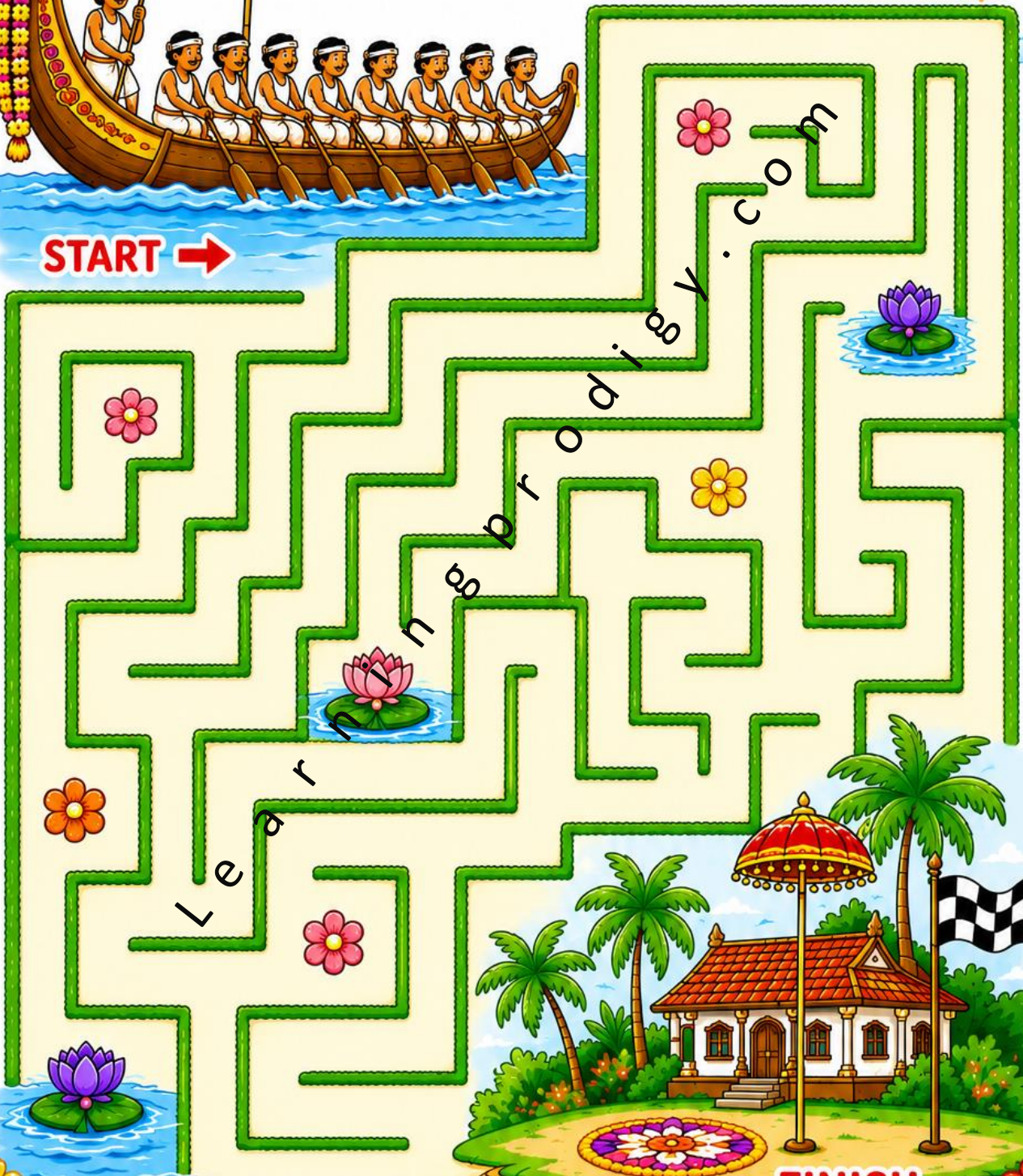
Happy Onam!

BOAT RACE MAZE

Help the snake boat reach the finish line.



START →



FINISH



ONAM COUNTING

Count the pictures in each row.
Write the number in the box.



1



2



3



4



5



6



7



8



9



10



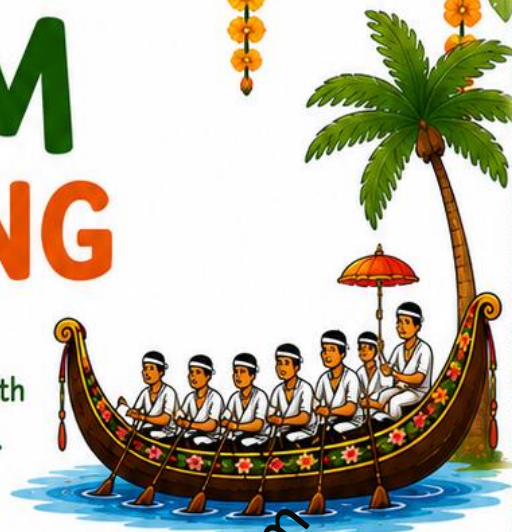
Happy Onam!





ONAM MATCHING

Match the items in Column A with their correct pairs in Column B.



COLUMN A

1. Onam Sadhya is served on _____
2. Pookalam is made with _____
3. The legendary king of Onam _____
4. The form of Lord Vishnu _____
5. Kerala boat race _____
6. Traditional Kerala art form _____
7. People clean and decorate their homes to _____
8. Onam is celebrated in _____
9. The first day of Onam _____
10. Onam teaches us _____

COLUMN B

- A. Flowers _____
- B. King Mahabali _____
- C. Yamana _____
- D. Vallam Kali _____
- E. Kathakali _____
- F. Banana leaf _____
- G. Kerala _____
- H. Atham _____
- I. Welcome King Mahabali _____
- J. Unity and gratitude _____



ONAM

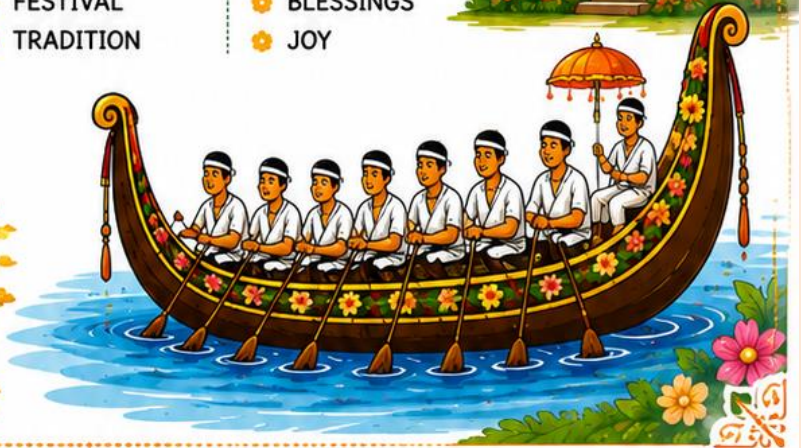
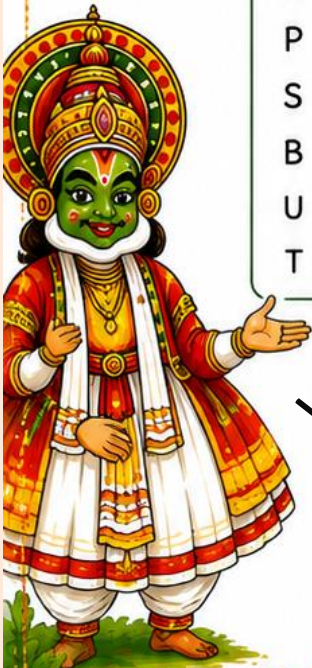
WORD SEARCH

Find the words hidden in the grid.

P O O K A L A M F L O W E R
M A H A B A L I K I N G D S
O N A M S A D H Y A E A T
V A L L A M K A L I B O A T
V A M A N A V I S H N U G I
K E R A L A F E S T I V A L
T R A D I T I O N A M I L Y
P O N N O N A M C E L E B R
K A T H A K A L I D A N C E
P O O K A L A M C O L O R S
S A D H Y A B A N N A L E A F
B L E S S I N G S H A P P Y
U N I T Y L O V E G R A T I T U D E
T H I R U O N A M D A Y J O Y

WORD LIST

- ONAM
- KERALA
- MAHABALI
- VAMANA
- VISHNU
- POOKALAM
- ONAM SADHYA
- BANANA LEAF
- VALLAM KALI
- KATHAKALI
- FESTIVAL
- TRADITION
- CELEBRATE
- PONNONAM
- FLOWER
- FAMILY
- BLESSINGS
- JOY





ONAM

THE FESTIVAL OF KERALA



Onam is the most important festival of Kerala. It is celebrated with great joy and excitement by people of all ages. Onam usually comes in the month of August or September.

According to the legend, King Mahabali was a kind and just king. He loved his people very much, and his kingdom was filled with peace and happiness. Lord Vishnu, in the form of Vamana, a dwarf brahmana, visited King Mahabali and asked for three paces of land. After gaining the land, Vishnu sent Mahabali to the nether world. But Vishnu was pleased with Mahabali's goodness and promised that he could visit his people once a year. That day is celebrated as Onam.



People clean and decorate their homes. They make beautiful flower carpets called Pookalam. Families prepare a special feast called Onam Sadhya with many tasty dishes served on a banana leaf. We wear new clothes, enjoy games, boat races, and cultural programs.



Onam teaches us the values of love, unity and gratitude.





A. Choose the correct answer.

- Onam is the most important festival of which state?
a) Tamil Nadu b) Kerala c) Karnataka
- In which month is Onam usually celebrated?
a) July b) August or September c) December
- Who was King Mahabali?
a) A brave warrior b) A kind and just king
c) A great poet
- Who came to King Mahabali in the form of Vamana?
a) Lord Shiva b) Lord Vishnu c) Lord Brahma
- What did Vishnu ask Mahabali for?
a) Gold and jewels b) Three paces of land
c) A kingdom

B. Answer the following questions.

- Why is Onam celebrated?

- What is the legend behind Onam?

- Who was King Mahabali and how was he?

- In what form did Lord Vishnu visit King Mahabali?

- What did Vishnu promise Mahabali?

- What do people do to welcome King Mahabali?

C. True or False.

- Onam is celebrated in the month of May. _____
- King Mahabali was a kind and just king. _____
- Lord Vishnu came to Mahabali as Vamana. _____
- Vishnu asked Mahabali for three paces of land. _____
- Onam Sadya is served on a banana leaf. _____
- Onam teaches us love, unity and gratitude. _____

D. Match the following.

- | | | |
|----------------|---|----------------------------|
| 1. Pookalam | • | a) The Onam feast |
| 2. Onam Sadya | • | b) Traditional drum |
| 3. Vamana | • | c) Beautiful flower carpet |
| 4. Mahabali | • | d) Boat race |
| 5. Vallam Kali | • | e) Lord Vishnu's form |
| 6. Chenda | • | f) The kind king |

E. Answer in one or two sentences.

- What are some of the dishes served in Onam Sadya?

- What activities do people enjoy during Onam?

- What values does Onam teach us?

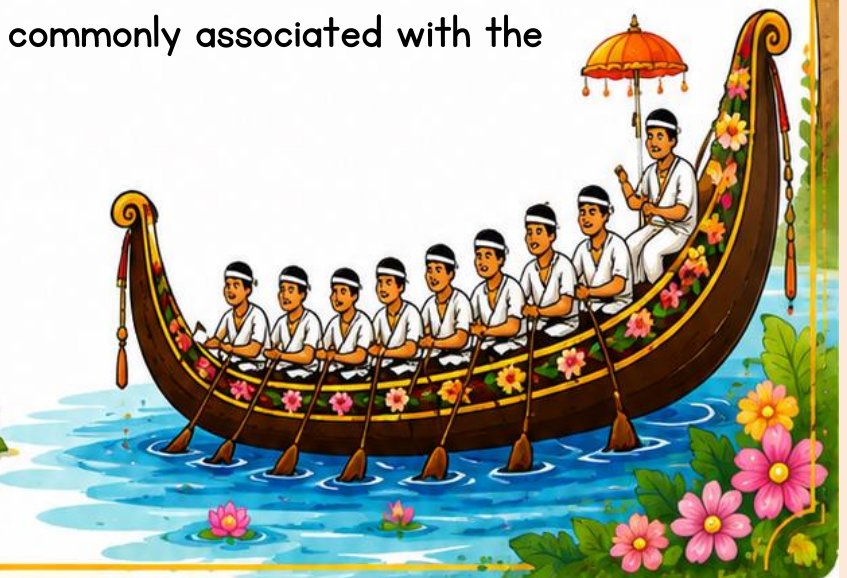
- How does Onam bring happiness and unity among people?





Onam Quiz

1. Onam is mainly celebrated in which Indian state?
2. Who is the legendary king associated with Onam?
3. What is the colorful flower arrangement made during Onam called?
4. What is the traditional feast of Onam called?
5. Onam Sadhya is traditionally served on what?
6. What is the famous Kerala snake boat race associated with Onam called?
7. Which form did Lord Vishnu take in the story of King Mahabali?
8. What do people commonly do to their homes before Onam?
9. Which traditional Kerala art form is known for colorful costumes and face makeup?
10. Which values are commonly associated with the spirit of Onam?

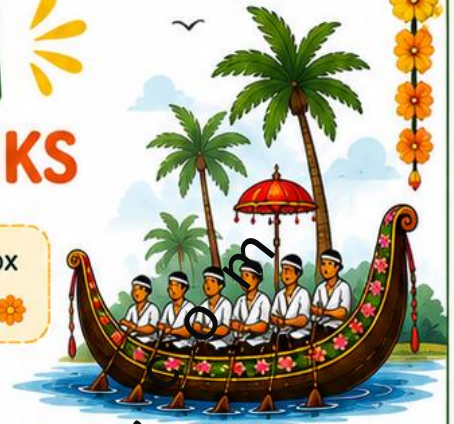




ONAM

FILL IN THE BLANKS

Choose the correct word from the box and fill in the blanks.



- 1 Onam is the most important festival of the state of _____.
- 2 Onam is celebrated to welcome the beloved King _____.
- 3 People believe that King Mahabali visits his kingdom during _____.
- 4 The beautiful flower decoration we make on the floor is called _____.
- 5 The grand feast served on a banana leaf is called _____.
- 6 The snake boat race, a famous Onam event, is called _____.
- 7 Onam is celebrated in the month of _____ (Malayalam month).
- 8 We wear traditional clothes like _____ during Onam.
- 9 The dance form performed during Onam is _____.
- 10 Onam teaches us the values of _____ and _____.

WORD BANK

Mahabali

Pookalam

Onam

Vallam Kali

Kerala

Love

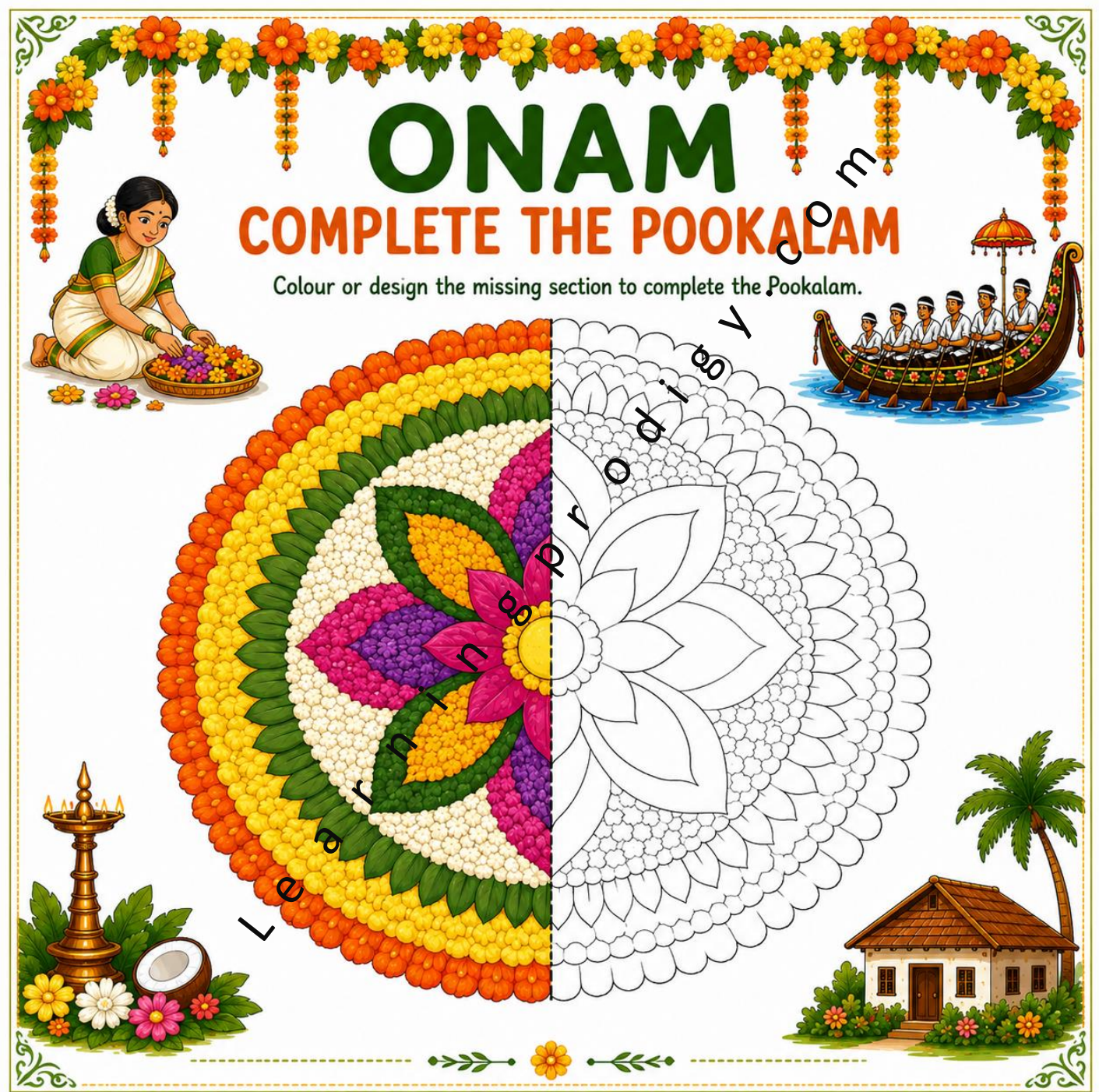
August / Chingam

Sadhya

Kasavu

Unity





ONAM

DESIGN YOUR OWN POOKALAM

Design a beautiful Pookalam using colours, flowers and your creativity.
Make it bright and symmetrical!



IDEAS

- Use different colours
- Use flower patterns
- Keep it symmetrical
- Be creative and have fun!



My Pookalam
is special
because...



Happy Onam!



WHAT IS ON THE SADHYA BANANA LEAF?



Look at the items in Column A.
Match them with the correct items on the Sadhya banana leaf in Column B.

COLUMN A – FOOD ITEMS

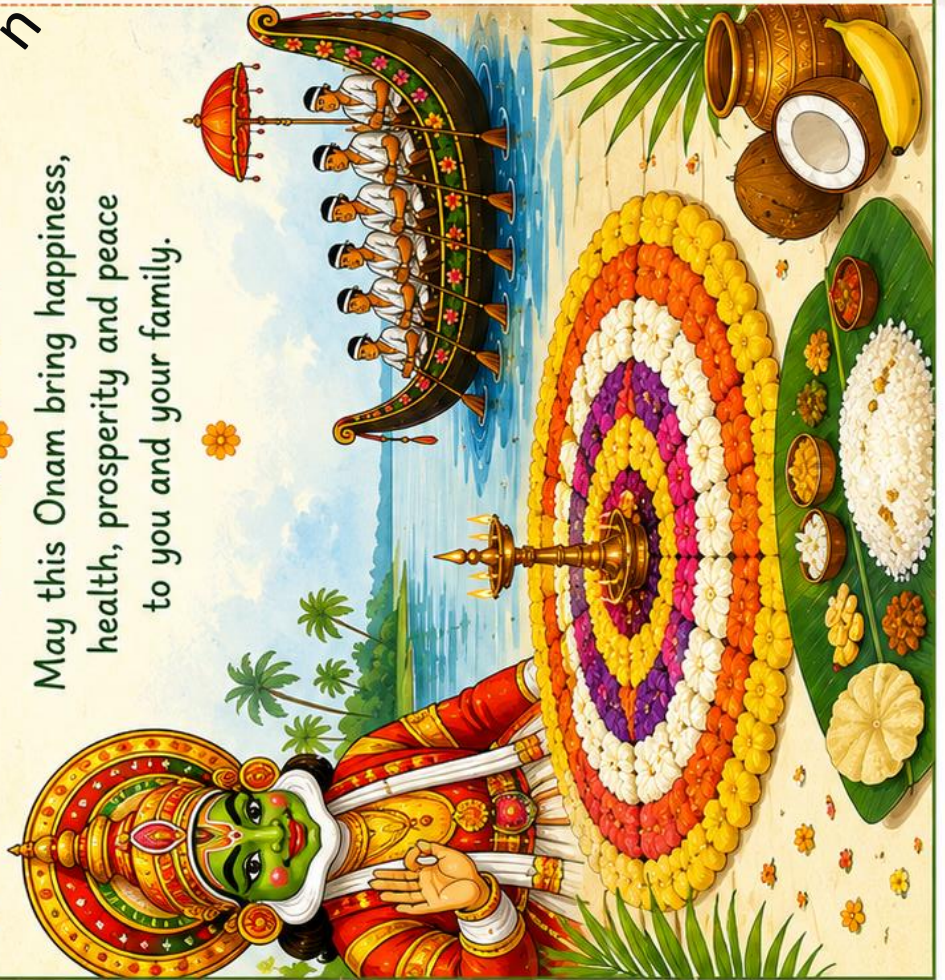
	Pappadam	●
	Salt	●
	Pachadi	●
	Olan	●
	Avial	●
	Kootu Curry	●
	Thorán	●
	Sambar	●
	Rasam	●
	Inji Curry	●
	Banana	●
	Payasam	●

COLUMN B – ON SADHYA LEAF



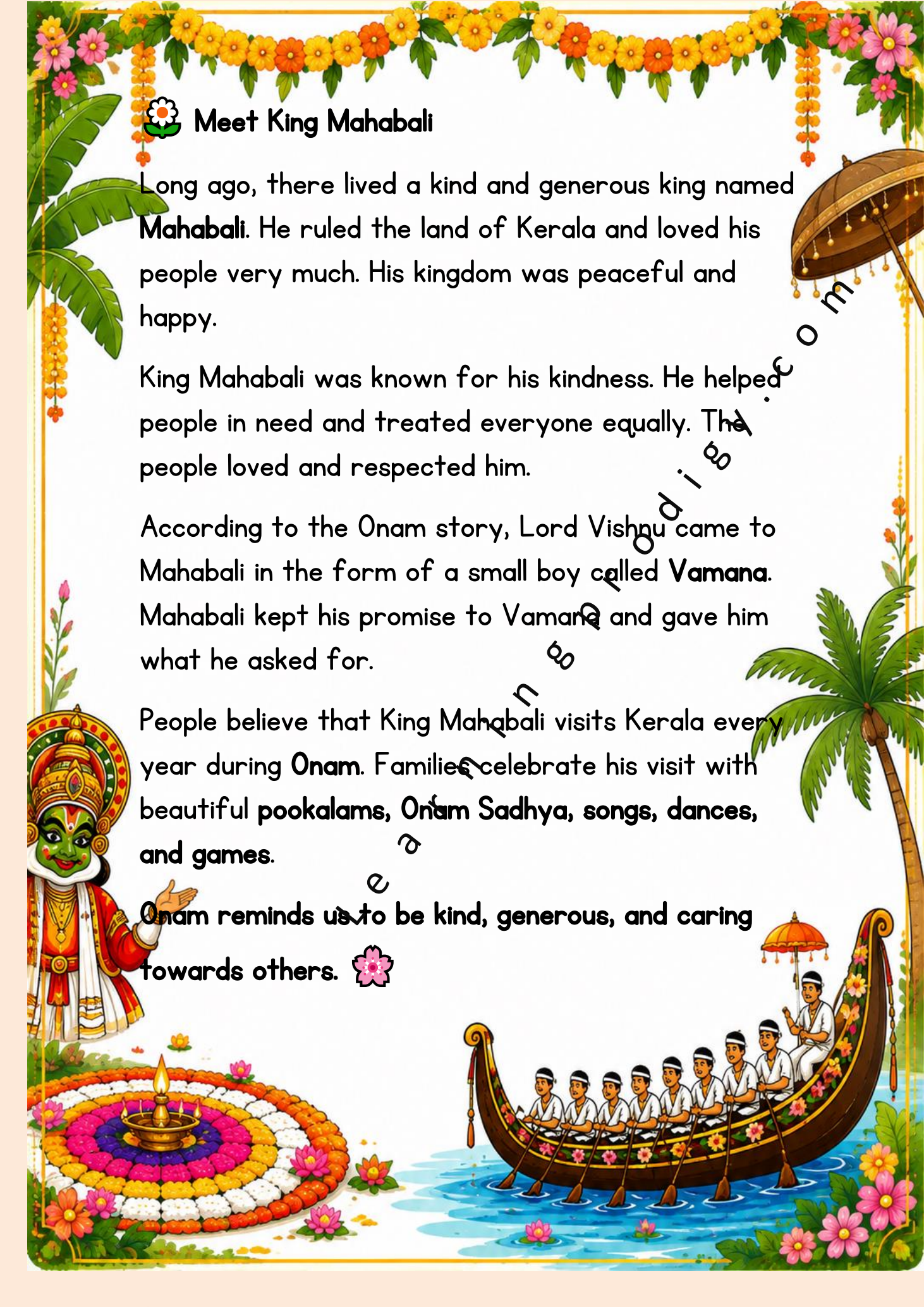
Happy Onam!

May this Onam bring happiness,
health, prosperity and peace
to you and your family.



Wishing You a
Happy Onam!

Learningprodigy.com



Meet King Mahabali

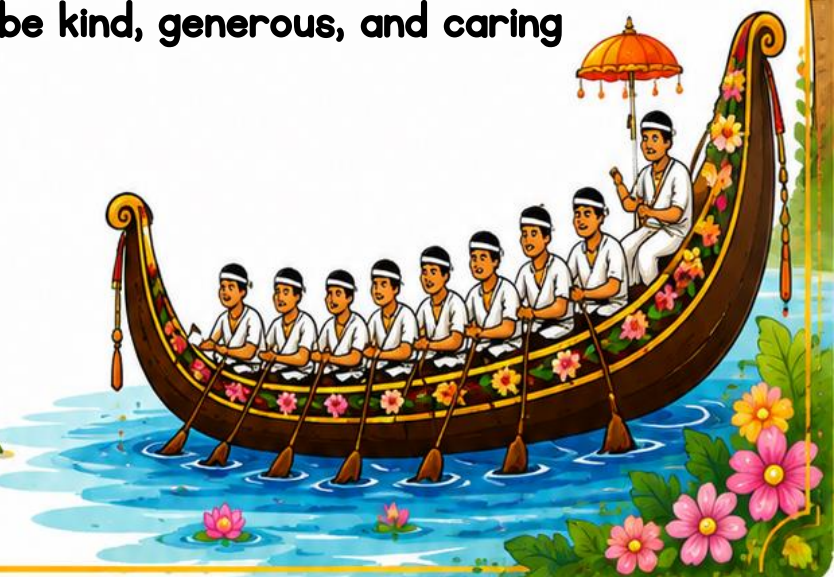
Long ago, there lived a kind and generous king named **Mahabali**. He ruled the land of Kerala and loved his people very much. His kingdom was peaceful and happy.

King Mahabali was known for his kindness. He helped people in need and treated everyone equally. The people loved and respected him.

According to the Onam story, Lord Vishnu came to Mahabali in the form of a small boy called **Vamana**. Mahabali kept his promise to Vamana and gave him what he asked for.

People believe that King Mahabali visits Kerala every year during **Onam**. Families celebrate his visit with beautiful **pookalams**, **Onam Sadhya**, songs, dances, and games.

Onam reminds us to be kind, generous, and caring towards others.





Meet King Mahabali - Questions

1. What was the name of the king in the passage?

2. Where did King Mahabali rule?

3. How did Mahabali treat his people?

4. What was King Mahabali known for?

5. Who came to visit Mahabali in the form of a small boy?



6. What was the name of the small boy

7. What did Mahabali do when Vamana made a request?

8. When do people believe King Mahabali visits Kerala?

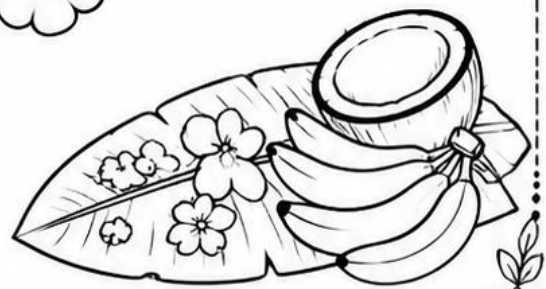
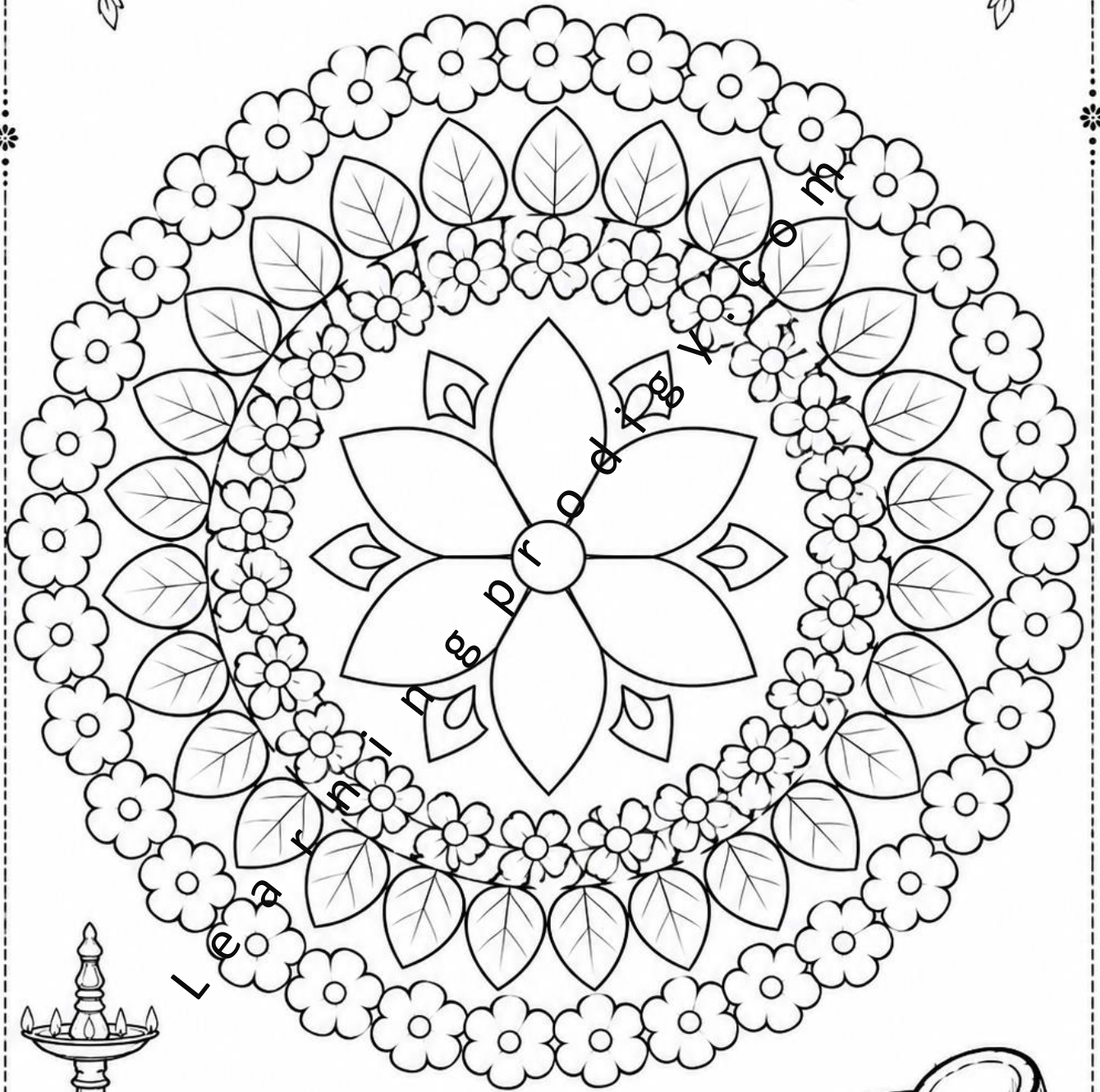
9. Name **two** things' people do during Onam.

10. What does the story of King Mahabali teach us?



POOKALAM

Let's colour the beautiful Onam Pookalam!



KING MAHABALI

Let's colour King Mahabali!



VALLAM KALI

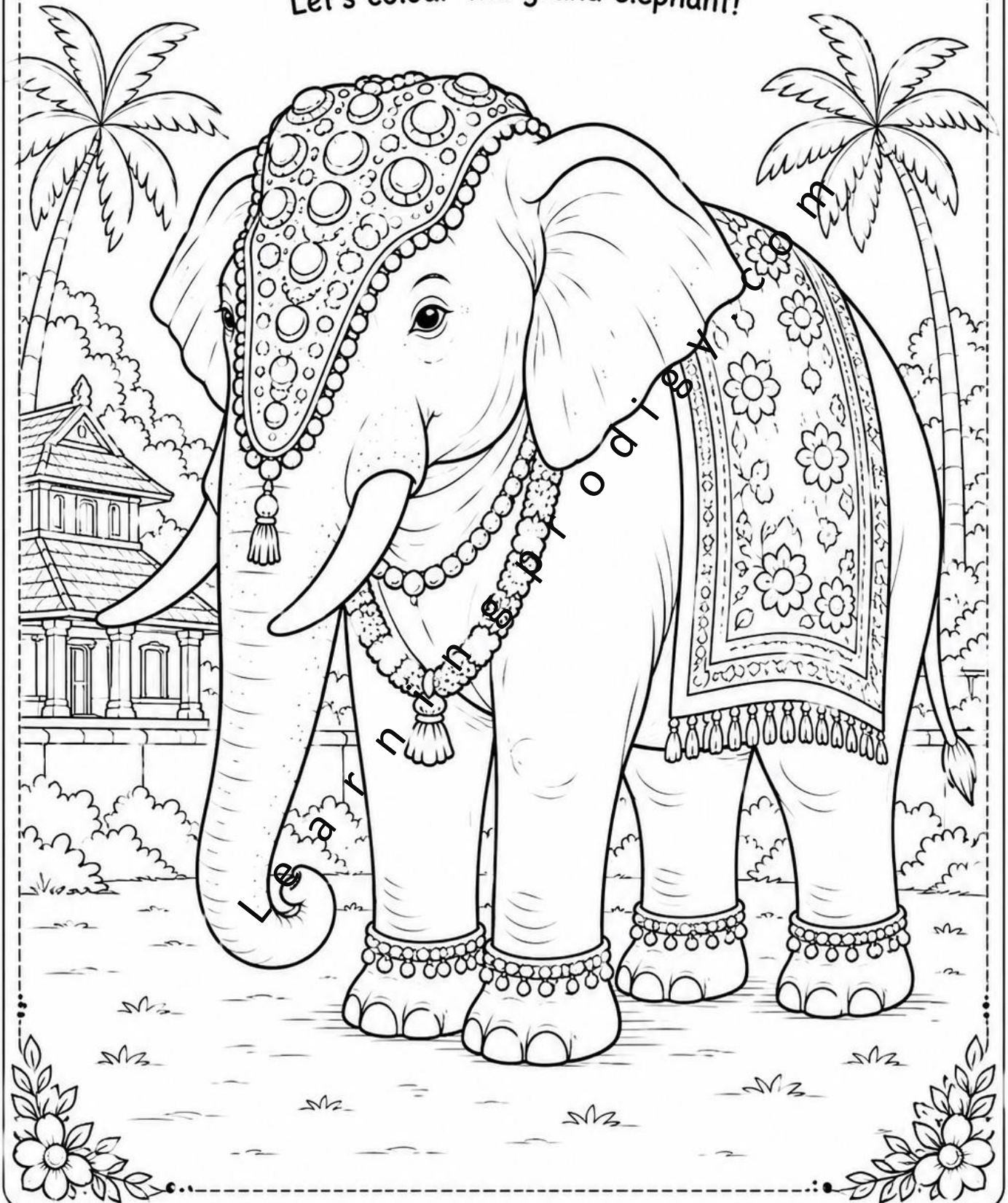
(Snake Boat Race)

Let's colour the Onam boat race!



KERALA ELEPHANT

Let's colour the grand elephant!





ONAM SADHYA

